

July 18, 2010

To the editor:

Bridgton's Four on the Fourth set the tone for this year's Lovell Old Home Days 5k race where two top local contenders battled it out. Once again, Tim Even finished a step ahead of Silas Eastman at the finish line. Even, 21, of Stoneham, continued his dominance of the event. Eastman, 15, of Chatham, a rising sophomore at Fryeburg Academy, was a real threat to Tim's "three-peat" chances. From the start the two runners were just about even, remaining so until the finish line when Even pulled ahead to win the race by just TWO seconds with an overall time of 16:19.

For the women, Cathleen Livingston of Intervale, NH won her first Lovell 5k with a time of 22:09 edging out 2007 female winner Lee Young of Exeter, NH, who finished at 22:23. The top male and female runners received awards designed by Conway glassblower Nathan Macomber.

Kudos to Laurie Ramsey for working hard to prepare for her first race ever; to Stephanie Crowe for her return to running races and to both the Wilson(5 runners) and Stearns(5 runners) clans who proved that the families that run together are tired together at the end.

As in the past, race proceeds are evenly split between the Lovell Rec Dept and the Old Home Days Parade. I would like to acknowledge our sponsors: Midtown Marketing Services, Muddy Moose Restaurant, Bennett Transportation, Lovell Hardware, Bliss & Associates, FairPoint Communications, Norway Savings Bank, Harvest Gold Gallery, Michael Friedman, Micklon Tree & Landscaping, JB Storage, Ski Sundries, Doyle Antiques, White Birch Guide Service, Mo's Electric & Solar, Chet Rogers, Thurston Builders and Kezar Realty. And to Rosie's, Ebenezer's Pub, the Wicked Good, and Poland Spring for all of their generous refreshment donations. And, thank you to our random prize donors: Eden Valley Bakers, Frontside Grind, the AMC, Kezar Lake Marina, Wicked Good, Pirate's Cove Golf, New Balance and Saucony Shoes.

Making sure the roads are closed and safe is a big job. Special thanks to the Oxford County Sheriffs, Lovell Fire Department, Stoneham and Fryeburg Rescue Services, Steve Goldsmith and Richard Rice. Thank you to the residents of Lovell for their enthusiasm and to the OHD Committee for their support.

Sincerely,

Stanley Tupaj
Lovell 5k Race Director